The Life Chair Operating Instructions
(also available online at www.knoll.com)

**Standard Features:**

**Synchronized recline with auto-balanced tension**
No need to adjust tension.
Automatic recline tension counter-balances your body weight, resulting in perfect balance as you recline.

**Tension preference selector**
In the event that tension adjustment is desired, adjust the preference lever located at the back of the chair while in the upright position.

**Seat height adjustment**
To raise or lower the height, lift the lever on the right side of the chair and adjust to the proper height.

**Sliding seat depth adjustment**
Using the same lever as the seat height, push down to slide the seat within the 4" seat depth range. Release the lever to lock the seat into position.

**Upright tilt lock**
To lock the seat in an upright position, push down the lever located on the left side of seat. Lift lever to unlock.

**Forward seat flex**
No knobs or levers needed. Lean forward or perch toward the edge of the seat and Life's seat pan automatically adjusts to support your position.

**Lumbar Options:**

**Height Adjustable Lumbar**
To adjust lumbar height, smack behind the chair and push up or pull down on the lumbar tabs at the bottom of the lumbar cushion.

**Height and Depth Adjustable Lumbar**
To adjust lumbar height, see the instructions above.
If your chair has lumbar depth, there will be two levers located along the bottom of the back beam where the lumbar is attached. Slide the levers left or right to tune the depth in a .75" range.

**Arm Options:**

**Fixed arms:**
Non-adjustable.

**Height Adjustable Arms:**
Lift the lever on the outside of the arm pad to adjust arm height.

**High Performance Height and Fore/Aft Adjustable Arms:**
Lift the lever on the outside of the arm pad to adjust arm height.
The arm pads adjust in an orbital motion and lock into a fixed position by pressing the button on the inside of the pad. The arm pads can be positioned to the front or back and in width.