La-Z-Boy “Z” Chair Adjustment Instructions

Please note that all directions (left, right, clockwise and counterclockwise) are from the seated position.

Arm Height:

Pull up the ring underneath the arm pad of each arm and raise or lower the arm to the desired position.

Arm Width:

Lower the lever underneath the arm to unlock the arm. Move the arm in or out to the desired position. Raise the lever to lock the arm in place.

Arm Pad Angle:

No knobs are needed to adjust the arm pad angle. Move the arm pad to the desired position.
Arm Pad Location:

The arm pad slides forward and backwards. No knobs are needed to adjust the arm pad location. Move the arm pad to the desired position.

Back Height:

No knobs or levers are needed to adjust the back height. The back is on a ratchet. Grasp the back with both hands and raise it to the desired position. To lower, raise the back to highest position and drop. (The ratchet will release and the back will drop to the lowest level.)

Back Angle:

Raise the lever on the left side of the chair to unlock the back. Lean back in the chair and lower the lever to lock the back at the desired angle. To release the angle, raise the lever to unlock and lean fully back in chair. This will release the angle and the chair will return to the upright position.
Back Tension:

The tension adjustment controls the amount of force needed to recline back in the chair. To loosen the tension, turn the crank located on the right side of the chair toward the back of the chair. To tighten the tension, turn the crank towards the front of the chair.

Seat Height:

Raise the lever on the right side of the chair to raise and lower the seat height. Release the lever to lock the seat height.

Seat Depth:

Push in the bar underneath the front of the seat and move the seat cushion forward or backward to the desired seat depth. Release the bar to lock the seat depth.